

**What are the duties of workers ?**

They must carry out their work in a conscientious way with competence and dedication, seeking to resolve any controversies with dialogue. Recourse to a non-violent strike is morally legitimate when it appears to be the necessary way to obtain a proportionate benefit and it takes into account the common good.

**How is justice and solidarity among nations brought about ?**

On the international level, all nations and institutions must carry out their work in solidarity and subsidiarity for the purpose of eliminating or at least reducing poverty, the inequality of resources and economic potential, economic and social injustices, the exploitation of persons, the accumulation of debts by poor countries, and the perverse mechanisms that impede the development of the less advanced countries.

**In what way do Christians participate in political and social life ?**

The lay faithful take part directly in political and social life by animating temporal realities with a Christian spirit and collaborating with all as authentic witnesses of the Gospel and agents of peace and justice.

**What inspires love for the poor ?**

Love for the poor is inspired by the Gospel of the Beatitudes and by the example of Jesus in His constant concern for the poor. Jesus said, “Whatever you have done to the least of my brethren, you have done to me” (Matthew 25:40). Love for the poor shows itself through the struggle against material poverty and also against the many forms of cultural, moral and religious poverty. The spiritual and corporal works of mercy and the many charitable institutions formed throughout the centuries are a concrete witness to the preferential love for the poor which characterises the disciples of Jesus.

**The eighth commandment: you shall not bear false witness against your neighbour****What is one’s duty toward the truth ?**

Every person is called to sincerity and truthfulness in acting and speaking. Everyone has the duty to seek the truth, to adhere to it and to order one’s whole life in accordance with its demands. In Jesus Christ the whole of God’s truth has been made manifest. He is “the truth”. Those who follow Him live in the Spirit of Truth and guard against duplicity, dissimulation and hypocrisy.

### How does one bear witness to the Truth ?

A Christian must bear witness to the Truth of the Gospel in every field of his activity, both public and private, and also if necessary, with the sacrifice of his very life. Martyrdom is the supreme witness given to the truth of the faith.

### What is forbidden by the eighth commandment ?

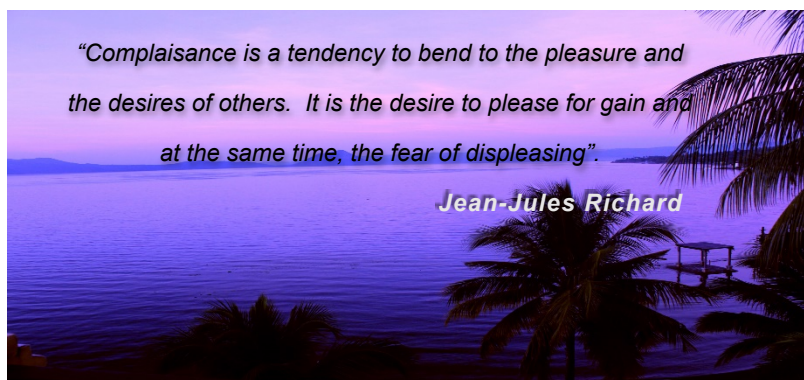
The eighth commandment forbids:

- *False witness, perjury and lying*, the gravity of which is measured by the truth it deforms, the circumstances, the intentions of the one who lies and the harm suffered by its victims;
- *Rash judgment, slander, defamation and calumny* which diminish or destroy the good reputation and honour to which every person has a right;
- *Flattery, adulation or complaisance*, especially if directed to serious sins or toward the achievement of illicit advantages.

A sin committed against truth demands **reparation** if it has caused harm to others.

### What is required by the eighth commandment ?

The eighth commandment requires respect for the truth accompanied by the discretion of charity in the field of communication and the imparting of information, where the personal and common good, the protection of privacy and the danger of scandal must all be taken into account; in respecting professional secrets which must be kept, save in exceptional cases for grave and proportionate reasons; and also in respecting confidences given under the seal of secrecy.



*It is essential that every Catholic has access to good Catechesis to be able to deepen their faith. The Diocese of Plymouth recommends the many Catechetical Workshops from 'Franciscan at Home,' for more information on access to these and online or real group sessions contact [deborah.vankroonenburg@prcdtr.org.uk](mailto:deborah.vankroonenburg@prcdtr.org.uk)*

